

## CLEARING AND ACTIVATION PROGRAM: PATH OF YOUR NEW ENERGY

Let me start by saying that I have never had any experience with any sort of mediations or trances. Thus, I was a little nervous about the entire retreat experience. However, as Edgar and Petra were so welcoming right from the start, it just felt all familiar and not at all frightening. It felt like I finally arrived at a place where I was not only heard but also understood.

During the sessions I was very comfortable laid on a sofa with a nice correlating music playing in the background (I was allowed to choose my own corresponding music to go with my sessions, which I found to be very helpful for the work).

All in all, the sessions made me grow internally, made me understand more of who I am and who I can be, of who we are and what we are capable of doing. I feel much stronger and more empowered. I feel more at peace with myself and my living situation. I also feel more at home in a sense. It feels like I can face my problems from a different angle due to my better understanding of me (and us). ~This helps me a lot in not only finding but continuing my path with more confidence. I would highly recommend these sessions to anyone who is on the verge of truly awakening, of those who are unsure, for those who are facing difficult situations and are just not a 100% sure which road to take.

Following, you can read a bit of my experiences throughout the sessions. Keep in my mind though that we are all different and thus will experience differently. This is just my present for you so that you might find the courage to follow your heart (and soul) and do what feels right for you.

### 1. 1A Clearing + 1B DNA Activation

In the first clearing I started crying nearly immediately. There was just a deep sadness that has been inside of me (and that I had no idea where exactly it came from) that overwhelmed me. There was just a lot of sadness and at some point I was able to relax a little. However, after that point I don't remember anything anymore, because I must have been in a very deep trance. Petra even said that the deepness of my trance was rather unusual. When I woke up, it felt like coming back from a very far away place. I was a little dizzy and still dozy but felt alright.

### 2. Karma Clearing

The Karma clearing I remember very well. I was very present during this clearing. We started with at the top, working our way down. Most karmas held very emotional and rather negative emotions and energies and it felt good to work through them and be able to finally let go of those feelings. Petra really took her time to make sure that I was able to work through all of the emotions and feelings. She aided me in staying with me and cut those emotions loose at the right moment so that I was able to let them go. I can still remember the feelings I had, but it feels like I don't have to relive (refeel) them over and over again. It's more like a memory now that you can look at if you like, but that doesn't come and go as it pleases.

I also feel like saw my guardian angel. The feeling was overwhelming (pure love).

### 3. Antakarana Activation + Mahatma level 1

In this session again I was not 'there' for most of the time. I remember the beginning of the session clearly, but then I drifted off in a trance-like state for a bit and 'returned' for the end. While the activation of 'de Bron' took place, I could really feel how my upper body filled itself up with waves of energy coming from above; vibrating through my body. I was even able to smell and sense 'de Bron' – pure, clean, fresh, humid, crystal.

Connecting myself with Mother Earth felt very different. The sensation took place in my lower body and I could feel snake-like movements.

I also got my personal healing team who will aid me in my future work. It was an overwhelming experience to meet them and to know that they will always be with me from now on. I feel so much more powerful knowing that they are by my side.

The Mahatma-Activation was for me very clear to feel. I was like my thorax expanded and literally filled up by every breath I took.

After everything was done and I got up from the sofa, I felt so much bigger. I took in so much more space. It was like I expanded by a lot. My aura had expanded and I was able to sense more. I also felt much stronger and powerful.

#### 4. Ascension Activation + Mahatma level 2

I was so much looking forward to this one, because I can actually remember quite a bit of my former lives. I really wanted to know more and was really anxious to start. In retrospect I think that that was maybe part of the problem that I experienced with this session. Before we even started my body was continuously plagued by constant coughing. These coughing-attacks were so massive that I couldn't concentrate on anything other than that. We started the session anyways, because we thought it would get better by relaxing my body. Unfortunately it didn't. It just got worse and worse. I couldn't follow what Petra was saying, I couldn't concentrate on the energy, my body was just defending itself against.... And that was the core of the problem. I was actually defending (protecting) myself against this session. It was like something was protecting me from remembering. It was such an intense experience for both Petra and me that we started digging a bit more. I felt like something wanted to come out of me, but when I wanted to speak (about anything really) I found that I had no voice. I told this to Petra and she asked me whether she should speak it for me. Once she did so many things became clear for me. Things that I have never understood (my feelings, reactions, emotions, etc.) suddenly made sense. It will still be quite some work for me to cope with this truth, but know that I can place where my thoughts and emotions (and with that many of my problems in life) are coming from, I feel like I can handle them better. Anyways, I could not feel or see any of my former lives, but the message that my soul had for me (experiences that have add up from former lives that have come to be a solid belief/conviction) has finally been spoken and heard.

The second uploading of Mahatma Energy was as clear to feel as the first one. It also was much faster and somewhat easier. It felt like my body already knew what was coming and was awaiting and welcoming it – like it had already created the space that was needed.

#### 5. Higher Heartchakra Activation

The next session was like an accompanied walk through my sacred place. Before Petra even said the words, I would have already completed the actions. We were in complete harmony; thinking and experiencing the same. It was an intense experience for the both of us.

Going through that place was great – I experienced a glimpse of Atlantis, of my true self, my soul and my ego. I feel like I kind of understood what we are, or what I am.

Every now and so often, before falling asleep, I will go back to this place, because I just love the atmosphere of it.

#### 6. Lightbody MERKABA Activation + Mahatma level 3

This was definitely one of the strongest sensations I felt in these six sessions. I could literally feel how the body was created and inverted into mine. I could feel its vibrations and I can activate it easily. It is always with me know and I feel that when I want it, I can have it within a second.

The activation of the Mahatma was completed without and difficulty. I feel very empowered now, especially in my hands (with which I do most of my energetic work).